



Cyber Behavior & Technology Resources

<i>Resource</i>	<i>Description</i>	<i>Website</i>
Shape the Sky: Creating Responsible Kids on Smartphones	Check out our website for downloadable material, blogs, upcoming trainings and to find a certified therapist near you. Our social media outlets, including Facebook, Instagram, Twitter and Tumblr, will feature current cyber trends and mental health resources.	http://www.shapethesky.org/ https://www.facebook.com/shapethesky/ https://www.instagram.com/shapethesky/ https://twitter.com/shapetheskyryan https://shapethesky.tumblr.com/
Shape the Sky Where to Report Revenge Porn Guide	Revenge Porn is defined as "the act of distributing intimate photography through different means without the individuals consent."	http://www.shapethesky.org/revenge-porn/
The Cyberbullying Research Center Dr. Justin Patchin & Dr Sameer Hinduja	Cyberbullying resources. Downloadable forms on how to deal with cyberbullying.	https://cyberbullying.org/
Connect Safely Larry Magid	Tips, safety advice, articles, video and other resources to promote safe and productive use of technology.	http://www.connectsafely.org/
Safe Kids	One of the oldest and most enduring sites regarding Internet safety.	http://www.safekids.com/
Larry's World	Larry serves as on-air technology analyst for CBS News	http://www.larrysworld.com/
Embrace Civility Nancy Willard	Addresses bullying and youth risk in the digital age. Provides tools to encourage young people to be positive advocates in the battle against cyberbullying.	http://www.embracecivility.org/
Net Family News Anne Collier	The "community newspaper" providing information about technology.	http://www.netfamilynews.org/
Cyberbullying State Laws	List of the cyberbullying laws organized by state	https://cyberbullying.org/bullying-laws
Netsmartz 6 Degrees of Information	Video about how easy it is to find personal information online.	https://www.netsmartz.org/RealLifeStories/6DegreesOfInformation
Take This Lollipop Facebook interactive video clip	A short video to teach kids about the importance of privacy through Facebook. Requires a Facebook account to use.	http://www.takethislollipop.com/
Stop Bullying	Explains why cyberbullying is different from traditional bullying, what you can do to prevent it, and how you can report it when it happens.	http://www.stopbullying.gov

Creating Responsible Kids on Smartphones



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Mental Health Resources

<i>Resource</i>	<i>Description</i>	<i>Website</i>
Substance Abuse and Mental Health Services Administration (SAMHSA)	Substance abuse and mental health resources and information	http://www.samhsa.gov/
SAMHSA - Free Publications	Order free publications	http://www.store.samhsa.gov/
National Suicide Prevention Lifeline	The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources.	http://www.suicidepreventionlifeline.org/ Phone: 1-800 -273- TALK (8255)
Crisis Text Line	Text 741741 from anywhere in the USA to text with a trained crisis counselor	https://www.crisistextline.org/
Prevent Suicide PA	Free trainings and resources for suicide prevention	https://www.preventsuicidepa.org/
The STAR Center Pittsburgh PA	Services for Teens At Risk (STAR) is a program that combines clinical and outreach services designed to combat the problem of adolescent suicide.	http://www.starcenter.pitt.edu/
National Eating Disorders Association (NEDA)	The National Eating Disorders Association (NEDA) is the leading non-profit organization in the United States advocating on behalf of and supporting individuals and families affected by eating disorders.	http://www.nationaleatingdisorders.org/
S.A.F.E. Alternatives for Stopping Self Abuse	Information about preventing self-injurious behaviors.	http://selfinjury.com/
The Demi Brae Cuccia Awareness Organization- Teen Dating Violence	Information and resources for prevention and intervention of youth dating violence	http://demibrae.com/
National Domestic Violence Hotline	Digital dating abuse warning signs.	http://www.thehotline.org/2014/03/18/w hat-is-digital-abuse/
Half of Us	Campaign that featuring students and celebrities who have experienced mental health issues such as depression that share how they coped and received help.	http://www.halfofus.com
Aavidum	Aavidum with support from the Minding Your Mind Foundation seek to reduce the stigma often associated with mental health especially involving youth and their families and schools.	http://aavidum.com/
Ulifeline Sponsored by the Jed Foundation	Mental health information and resources for college age students.	http://www.ulifeline.org/
The Trevor Project	Support and provides crisis intervention services to lesbian, gay, bisexual, transgender & questioning youth.	http://www.thetrevorproject.org/ Phone: 866-488-7386

